



2022/23 Schedule



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
STUDIO 1	STUDIO 1	STUDIO 1	STUDIO 1	STUDIO 1	STUDIO 1
MORNING CO-OP BALLET 9:00-10:30	MORNING CO-OP CROSS TRAINING 9:00-10:30	MORNING CO-OP BALLET 9:00-10:30	MORNING CO-OP CROSS TRAINING 9:00-10:30		
					OPEN BALLET 10:00-11:30
					POINTE 11:30-12:00
	MINI/JR STRENGTH/ FLEXIBILITY 5:00-6:00	MINI/JR BALLET 5:00-6:15	MINI/JR REHEARSALS 5:00-6:00		
TEEN/SR BALLET 5:30-7:00				ACRO 5:30-6:15	OPEN HIP HOP 1:00-1:45
	TAP TECHNIQUE 6:00-7:00	MINI/JR CONTEMP/ IMPROV 6:15-7:00	LARGE GROUP REHEARSALS 6:00-7:15	STRENGTH/ FLEXIBILITY 6:15-7:00	OPEN JAZZ/ CONTEMP 1:45-2:45
TEEN/SR JAZZ 7:00-7:45	TEEN/SR LEAPS & TURNS 7:00-8:00	MINI/JR JAZZ 7:00-7:45	TAP REHEARSALS 7:15-8:00	MUSICAL THEATER 7:00-8:00	LATIN BALLROOM 2:45-3:30
HIP HOP 7:45-8:30		MINI/JR LEAPS & TURNS 7:45-8:30			
	TEEN/SR CONTEMP/ IMPROV 8:00-9:00		TEEN/SR REHEARSALS 8:00-9:00		